Programs At-a-Glance

Support across the suicide prevention continuum



Prevention

Core Connections

HALF OR FULL-DAY OPTIONS

Strengthens connection across teams and reduces factors linked with suicide risk, backed by randomized-trial evidence.

Intervention

Core Conversations

2–4 HOURS

Builds confidence to start and navigate conversations about suicide, safety, and substance use.

SafeSide CARE

3–6 HOURS

Gives staff a shared, practical approach to recognize and respond to suicide concerns.

Collaborative Assessment and Management of Suicidality (CAMS)

12 HOURS

Supports clinicians to work with a person to understand and treat suicidal thoughts.

Postvention

Restore

BESPOKE

A structured consultation that walks an organization's leadership through learning and decision-making, using their own resources to drive change after a suicide.

SECTORS WE WORK WITH Schools · Health and Human Services · Military · Government · Law Enforcement & EMS · University

Ready to get started?

Let's find the right fit for your team.

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SafeSide PREVENTION

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PROGRAM	PARTICIPANTS	FEATURES	BENEFITS
Core Connections	Any organization managing workplace psychosocial risk — whole teams and cross-sector groups	• Interactive skill-building for groups of 20–40 • Flexible delivery: a full day, or split into two half-day sessions • Text message and video follow-up	• RCT showed reduced suicide risk, depressive symptoms, and occupational problems • Stronger social bonds and team cohesion • Practical skills to notice and respond when a colleague is struggling • Shared language that carries beyond the session into everyday work
Core Conversations	Supervisors, team leaders (Basic); senior leaders, commanders, and managers (Advanced)	• Group-based, discussion-driven workshops (2–4 hours), with an eLearning option where group delivery isn't feasible • Built around the same models behind SafeSide CARE and Core Connections	• Greater confidence navigating suicide, lethal means safety, and substance use conversations • Stronger protective factors • One shared framework across roles
SafeSide CARE	Clinical and non-clinical staff working with people with suicidal concerns. Tailored versions for mental health, alcohol and other drugs, youth services, primary care and school mental health.	• Half-day video workshops co-led by clinicians and people with lived experience with ongoing access to InPlace® Learning • Built around the SafeSide Framework for Suicide Prevention: Connect, Assess, Respond, Extend • Implementation support and consultation to reinforce practice change	• Greater confidence addressing suicide concerns • More consistent risk assessment, with focus on foreseeable changes and safety planning • United workforce across roles, with common language for systems change • Ongoing learning and professional development
CAMS	Practitioners providing ongoing care to people at risk of suicide	• Evidence-based therapeutic framework that fits in "Respond" task of SafeSide Framework • Teaches Suicide Status Form (SSF) for assessment and monitoring • Training via video course, role-plays and consultation calls	• Reduced suicidal ideation, shown in multiple randomized controlled trials • Increased hope and reduced symptom distress
Restore	Organizational and clinical leaders guiding their response after a suicide	• Consulting support with workshops for organizational leadership • Bespoke engagement, scoped to the organization's needs • Uses the organization's own resources to drive change	• Stronger recommendations that foster healing, learning, and improvement for everyone impacted • Reviews that support staff rather than assign blame, protecting the team after an incident

ACROSS EVERY PROGRAM

Lived experience woven through training and resources

Implementation support and consultation to reinforce practice change

See the evidence: **safesideprevention.com**

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