

Programs at-a-Glance

SafeSide Prevention works towards a **vision** of a world where...



“every person is respected, connected, and giving to others.”

Our challenge is engaging, uniting, and supporting a diverse workforce, serving diverse populations in diverse and remote locations to think, act, and communicate with shared principles and best practices. Our programs cultivate healthy, connected workforces that are ready to respond and supported when a suicide occurs.



To explore the evidence behind these programs and offerings, go to safesideprevention.com

	Summary:	Designed for:	Features:	Benefits:
Core Connections 	An upstream prevention program proven to strengthen and protect workplace teams through interactive training that builds group cohesion. Individuals at risk especially benefit from connection within healthier networks.	Workplaces, especially those with high-stress occupations such as: <ul style="list-style-type: none"> • Military units • Police units Under Evaluation <ul style="list-style-type: none"> • Healthcare • Religious communities • Youth sports 	<ul style="list-style-type: none"> • Groups of 25-40 in 6 hours of interactive skill building • Focus on growing Kinship, Purpose, Guidance and Balance • Text messages and video follow-ups 	<ul style="list-style-type: none"> • Improved mental health • Reduced suicide risk, depression symptoms, occupational problems • Increased social bonds and cohesion • Less isolation for members with suicide risk
SafeSide CARE 	A program that aims to unite and inspire through suicide prevention education to support workforces to think, act, and communicate with a common set of principles and best practices. It also combines clinical and lived expertise with tailored options for various sectors.	<ul style="list-style-type: none"> • Mental Health: Psychiatrists, psychologists, counselors, social workers, and non-clinical colleagues, including peer workers. • AOD: Counselors, allied health, social workers, and peer workers in AOD services. • Youth Services: Clinical and non-clinical roles, working with children and youth up to age 25. • Primary Health: General practice and community sector professionals. 	InPlace® Learning includes: <ul style="list-style-type: none"> • InPlace® Workshops which blend video instruction co-led by expert clinicians and those with lived experience with live interaction for teams of varying sizes • SafeSide Framework (Connect, Assess, Respond, Extend) • Live Learning sessions & Community of Practice • Tools & Refreshers 	<ul style="list-style-type: none"> • Increased confidence in discussing suicide concerns • Improved consistency and efficacy in risk assessment • Recovery-oriented care for patients/consumers • Continuous learning and professional development

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Collaborative Assessment and Management of Suicidality (CAMS) Treatment 	<p>A program that teaches evidence-based treatment which reduces suicidal ideation in as few as six to eight sessions, backed by 35 years of research.</p>	<ul style="list-style-type: none"> • Mental health professionals 	<ul style="list-style-type: none"> • Evidence-based therapeutic framework • Uses Suicide Status Form (SSF) for assessment and monitoring • 6-8 collaborative sessions • Individualized treatment planning • Regular progress tracking and plan adaptation 	<ul style="list-style-type: none"> • Reduction in suicidal ideation within a few sessions • Improved clinical outcomes (increased hope, reduced symptom distress) • Better retention in therapy • Adaptable across various clinical settings (outpatient, inpatient, emergency departments) • Reduced malpractice risk • Cost-effective and easy-to-learn.
SafeSide Restore 	<p>A network that supports leaders to engage those impacted by suicide-related incidents and promote healing, growth, toward a restorative just learning culture.</p>	<ul style="list-style-type: none"> • Leaders responsible for reviews and responses to suicide-related incidents. 	<ul style="list-style-type: none"> • Meetings every 1-2 months with network members • Access to curated and growing resource library • Collaboration with external organisations 	<ul style="list-style-type: none"> • Better recommendations • Improved experiences for families and teams • Opportunity for care providers to suggest improvements • Fosters a Restorative Just Learning Culture (RJLC)