

Prevention-Oriented Risk Formulation Worksheet

CONNECT

ASSESS

RESPOND

Notes:

Risk Status is: because:

Who?

Available Resources

#1.

#2.

Strenths and protective factors

Long-term risk factors

Impulsivity/Self-control (incl. substance use)

Past suicidal/violent actions

MORE ENDURING

Risk Status

Relative to others in a given setting (current or being considered)

Available Resources

Internal and social strengths to support safety and treatment planning

Recent and present suicide/violent ideation, action, and means

Stressors/Precipitants

Symptoms, suffering, and recent changes

Engagement and reliability

MORE DYNAMIC

Risk State

Relative to self at baseline or selected time period

Foreseeable Changes

Changes that could quickly increase risk state

Risk State is: because:

When?

Foreseeable Changes

#1.

#2.