

SUICIDE PREVENTION for Health Systems



Bold goals for reducing suicide and promoting wellbeing require a workforce united by strong leadership, sound policy, and effective education. But unity, consistency, and collaboration can be hard to achieve among diverse disciplines, serving diverse populations, across diverse geographies and models of care. How can you ensure that your teams are ready to provide supportive, person-centred care and evidence-based responses to those who need it most?

SafeSide Prevention provides workforce education and leadership consultation to unite and inspire your workforce around a **recovery-oriented approach to suicide prevention**. The Framework combines clinical and lived experience perspectives, enabling us to provide you with tools, templates, and training to:

- 1** Strengthen your organisational culture of safety and prevention.
- 2** Promote best practices, policies, and pathways.
- 3** Support your workforce with fresh, engaging, ongoing education and development.

Customised to your Organisation

We offer evidence-based strategies and approaches that can be tailored to specific contexts, needs, and organisational goals. Our international team of clinical and lived experience faculty leverage their passion for hope, recovery, and creativity to provide the highest quality services and programs available in suicide prevention.

Unique Features and Benefits

Appropriate and effective for clinical and non-clinical staff.

In many organisations, the first and main point of contact is a non-clinical staff member. SafeSide's education and development is designed for the whole workforce.

Shared framework, approach, and language with key health systems.

NSW Health, Queensland Health, DVA (Open Arms), the Australian Defence Force, and numerous CMOs across Australia have adopted SafeSide.

Our Vision: Every person respected, connected, and giving to others.

Scalable and sustainable workforce education model.

InPlace® Learning is online learning that teams complete together – followed by ongoing opportunities for engagement. Training is accessible, cost-effective, and scheduled at the group's convenience. On-demand availability makes it easy to deploy, even in rural systems with geographically dispersed workforces.

Evidence for educational effectiveness.

While information about evidence-based practices is available from other sources, no other training and development program has the same depth and breadth of scholarship underpinning its educational effectiveness.

Culturally sensitive and age-appropriate training content.

InPlace® Learning includes demonstrations of working with individuals across the age continuum and prompts for participants to consider the specific cultural and community contexts of the individuals they serve. Materials can be further customised for specific initiatives and populations.

Ongoing engagement to support the transfer of learning into practice.

The SafeSide InPlace® Learning program is uniquely geared towards ongoing engagement. Following group-based video training, staff gain access to an online Community of Practice, monthly 30-min interactive web-based Q&A sessions, and brief (~5 min) refreshers throughout the year. Interaction and microlearning enhance the transfer of knowledge into day-to-day suicide prevention practice.

Prevention-oriented risk formulation.

SafeSide training provides the only available video-based training in prevention-oriented risk formulation (Pisani et al., 2016), a contemporary approach to risk assessment. Dr. Pisani's video-based training in risk formulation has been embedded in Zero Suicide programs in Australia, Canada, New Zealand, the UK, and the US, including in the Zero Suicide Pathway of Gold Coast Health in Queensland (Turner et al., 2020), which demonstrated reductions in suicidal attempt representations (Stapelberg et al., 2020).

Support and connection for staff.

Member organisations view their investment in SafeSide as an **essential employee benefit, and some include it in employee recruitment materials**. An internal study found that employees in an organisation that implemented SafeSide felt a greater sense of belonging and connection to their workplace because of the shared approach to suicide prevention (Bull et al., 2020).

*SafeSide is seeking partners who wish to pursue suicide prevention by contributing to a world in which **Every person is respected, connected, and giving to others.***

What you do matters. How you do it matters more.
