

**Unite, support, and inspire** your diverse workforce, serving diverse populations, in diverse locations to think, act, and communicate with a common set of principles and best practices towards recovery-oriented suicide prevention.

**InPlace® Learning** is SafeSide’s unique workforce education model that blends the cost effectiveness, convenience, fidelity, and repeatability of online training with group learning, ongoing access to faculty and an always accessible Community of Practice.

### REQUIREMENTS AND MODELS FOR WORKFORCE EDUCATION

|  | E-LEARNING | EXPERT WORKSHOPS | TRAIN-THE TRAINER | INPLACE® LEARNING |
|--|------------|------------------|-------------------|-------------------|
| Expect instruction, high fidelity to content                   | ✓          | ✓                |                   | ✓                 |
| Ongoing interaction with experts                               |            |                  |                   | ✓                 |
| Group interaction and experience                               |            | ✓                | ✓                 | ✓                 |
| Sustainable, repeatable for new staff education and refreshers | ✓          |                  | Variable          | ✓                 |
| Local staff with role in delivery/tailoring                    |            |                  | ✓                 | ✓                 |

**InPlace® Learning combines the best of online learning, expert-led workshops, and train the trainer.**

### SafeSide Framework for Recovery-Oriented Suicide Prevention

The SafeSide Framework provides clinicians, community staff, peers, and service leaders with a common ‘map’ of best practices for client-centred, recovery-oriented suicide prevention care. Participants across all our training programs learn the framework, practice key skills, and work together on how to apply them in the settings and cultures in which they work.

### Video-Based Group Learning

Your workforce will learn SafeSide’s systematic framework for suicide prevention, then discuss and practice skills and strategies modelled by real primary care and behavioural health providers working with patient actors. A participant ‘host’ leads the interactive training with the help of simple guides and a brief orientation.



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## Community of Practice

The SafeSide Community of Practice includes an always-accessible Community Forum and Monthly Live Office Hours. Leadership and staff from organisations worldwide share questions, feedback, and resources in a safe, supportive community. Time is short, and the work can be challenging, so it's empowering for staff to have access to answers and connections when they need them.

## Ongoing Microlearning and Resources

Your team will stay current with video module updates that respond to evolving best practices and evaluation feedback. In addition, we provide quick refresher videos a few times a year and regular newsletters so suicide prevention training remains 'top of mind' instead of 'one and done'.

## Better Together: Clinical and Lived Experience

All SafeSide educational programs are co-led by a suicide prevention expert and a faculty member with lived experience. Faculty include an individual who attempted suicide shortly after an evaluation deemed her to be low risk, a family caregiver, a middle-aged father who disclosed suicide plans to a health provider, saving his life, and a currently serving soldier who survived early trauma and now helps others.



**Kristina Mossgraber**  
*Lived Experience  
Faculty*



**Mel Clark**  
*Program Coordinator  
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**Jack Stem**  
*Lived Experience  
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**Sam Fewings**  
*Lived Experience Faculty*



**MAJ Ian Carter**  
*Consultant & Lived  
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## Customising and Localising Your InPlace® Learning Program

SafeSide's instructional design and video production team partners with you to customise the program to fit your organisational context. We collaborate with your implementation team to integrate custom introductory material, discussion prompts, and culturally sensitive and age-appropriate demonstrations to ensure maximum relevance and learning transfer for your setting and population. All customisations include instructional design, scripting, storyboarding, pre/post production, and integration into program materials/workbooks. Our goal is to make the program as relevant and empowering as possible.

**What you do matters. How you do it matters more.**