# SAFESIDE WORKFORCE EDUCATION





**Unite**, **support**, **and inspire** your diverse workforce, serving diverse populations, in diverse locations to think, act, and communicate with a common set of principles and best practices towards recovery-oriented suicide prevention.

**InPlace® Learning** is SafeSide's unique workforce education model that blends the cost-effectiveness, convenience, fidelity, and repeatability of online training with group learning with ongoing access to faculty and an always accessible Community of Practice.

## REQUIREMENTS AND MODELS FOR WORKFORCE EDUCATION

	E-LEARNING	EXPERT WORKSHOPS	TRAIN-THE TRAINER	INPLACE <sup>©</sup> LEARNING
Expect instruction, high fidelity to content	<b>✓</b>	<b>✓</b>		<b>~</b>
Ongoing interaction with experts				<b>✓</b>
Group interaction and experience		<b>✓</b>	<b>✓</b>	<b>✓</b>
Sustainable, repeatable for new staff education and refreshers	<b>✓</b>		Variable	<b>✓</b>
Local staff with role in delivery/tailoring			<b>✓</b>	<b>✓</b>

InPlace® Learning combines the best of online learning, expert-led workshops, and train the trainer.

### More than a workshop

Rather than just a one-off workshop, SafeSide embeds connection and interaction throughout their members' learning journey through:

- The video-guided InPlace® Workshop comprised of expert clinical and lived experience instructors, skill demonstrations featuring real clinicians or staff, and regular opportunities for discussion and practice to support learning transfer;
- Access to the weekly More than Safety Newsletter;
- Monthly Office Hours where staff can ask questions, get updates, and share resources;
- An online Community of Practice where members can connect and interact anytime, anywhere, and access an ever-growing library of resources;
- One-to-one networking to strengthen and expand professional learning networks.

The result is a distributed and blended learning experience over time that grows with the workforce. As they adopt key suicide prevention skills into practice, it solidifies their use of a common language across systems and communities and build networks and connections. It will ensure that suicide prevention remains 'top of mind' instead of 'one and done'.

#### **Evidence for InPlace Learning**

SafeSide's InPlace® Learning offers a scalable, sustainable approach to suicide prevention workforce education which is built on a robust foundation of research that began over 10 years ago and continues to evolve.

The programs are a next-generation expansion of the first brief training program to demonstrate objectively rated improvement in assessment documentation (Pisani et al, 2012). The program was adapted online (Cross et al, 2019), tested in primary care (Pisani et al, 2021), and enhanced with a lived experience co-trainer, demonstrations, and a video-guided group learning approach previously validated with veterans' substance-use counselors (Conner et al, 2013).

In this approach, teams work through specially designed video modules together with a "host" who convenes the group. The content is within the videos, so the host does not require specialized knowledge or training. This team based learning builds social capital (Burgess et al, 2020), not just knowledge which supports deeper learning.

Regular Q&A sessions with clinical and lived experience faculty and other networking opportunities allow staff to have contact with peers outside their sphere which means they are more likely to adopt new practices (Greenhalgh et al, 2004).

The InPlace® Workshop has demonstrated strong educational efficacy and perceived relevance among mental health professionals, youth services workers (Donovan et al, 2023), and primary care trainees (Centeno, 2020).



Kristina Mossgrabe Lived Experience Faculty



Mel Clark
Program Coordinator
& Family Advocate



Jack Stem
Lived Experience
Faculty



Sam Fewings Lived Experience Faculty



MAJ lan Carter Consultant & Lived Experience Faculty

#### **Customising and Localising Your InPlace® Learning Program**

SafeSide's instructional design and video production team partners with you to customise the content to fit your organizational context to make the program as relevant and empowering as possible. We collaborate with your implementation team to integrate custom introductory material, discussion prompts, and culturally sensitive and age-appropriate demonstrations to ensure maximum relevance and learning transfer for your setting and population. All customisations include instructional design, scripting, storyboarding, pre/post production, and integration into program materials/workbooks.

What you do matters. How you do it matters more.